Planning for Rehearsals

Where are you going? Where are you coming from?

CONCERT PLANNING

- Ideal to plan the concert repertoire first.
- However, not always possible.
- Don't be afraid to change repertoire if too difficult but don't give up too soon.
- Remember that the concert is an outgrowth of the educational experience. Unless a pops concert, use your core repertoire, significant literature, as much as possible.

CONCERT PLANNING

- Mix fast and slow music.
- Mix challenging and easier music, maybe one challenging piece
- Start and end strong
- Plan where to feature soloists
- Plan how to save brass chops
- Think of logistics, stage movement

Where are you going?

- Number of rehearsals to concert.
- Amount of time in rehearsals
- Conflicts in school calendar (sports, etc.)
- Students missing for certain reasons
- Which pieces and sections will take the most time in rehearsal.
- Individual or sectional help time needed? Available?

Plan backwards for rehearsals

Concert date

- Dress rehearsal(s)
 - Rehearsals with soloists
 - Rehearsals with guest conductors
 - Sy week
 - ✤ By day

Music

- Don't skimp on music parts, if possible
- Get full scores and use whenever available
- Mark your scores carefully
 - Phrases, Cues, Important harmonies and rhythm

The Rehearsal Experience

- If at all possible...
 - Have the room setup correctly
 - Have announcements on stand or on overhead
 - Have new music on stands
 - Have a routine established for them coming in and warming up.
 - Be ready yourself so you can greet and answer questions.

Daily Rehearsal

- Plan somewhat like a concert.
 - Mix fast and slow music
 - Mix working with individual sections and tutti
 - Give everyone something to do during the rehearsal
 - End with something that goes well, even if only part of a piece.

Daily Routine

- Can include tuning, chorales, sight-reading, scales, and scale exercises.
 - Important to have everyone do this well, thinking!
 - Must be the same every day for developing muscle memory but must be varied enough to not become stale
 - When possible, integrate parts of the repertoire into the daily routine...bowing problems on scales, march trios slowed down as chorales to build intonation skills, etc.

Rehearsal Order

- Build on the last rehearsal.
- Standard psychologically sound order is:
 - Daily routine (warmup)
 - Short review piece or chorale that will sound good
 - White Heat new music or work hard on some difficult passage
 - Wrapup something the students do well and like to play

Recording Rehearsals

One of the most important things you can do to help your rehearsals and performances.

Audio often

- Video of your conducting sometime in the middle
- Plan your next rehearsals based on what you heard on the recording.

Basic Rehearsal Techniques

- 1. Macro-Micro-Macro: Zoom-in
 - 1. Play section of the piece tutti
 - 2. Become more and more specific isolating a problem
 - 3. When found fix
 - 4. Play section of the piece tutti again
- 2. Macro-Micro-Macro: Process of elimination
 - 1. Hear section of the piece tutti
 - 2. Hear just bass line, then melody, then upper woodwinds, etc.
 - 3. When mistake is found, fix
 - 4. Play section of the piece tutti again

Communicating with the Ensemble

- 1. WHO are you addressing, WHERE in the music, WHAT you would like them to do. (examples page 188)
- 2. "For better or worse, critical feedback is the most common way to communicate with the ensemble.
 - 1. What are some ways to do this?
 - 2. What are some things to avoid?
- 3. Use of "we" or "the composer" or "the music" versus "I"
- 4. What are some ways to engage the entire ensemble during a rehearsal and yet fix individual problems?
- 5. Keeping percussion and basses involved. (examples p. 191)

Lesson Planning for the Rehearsal

- 1. Announcements at beginning or end?
- 2. What makes a good warmup (routine)? (page 192)
- 3. Pyramid of Priorities

Musicality

Intonation

Dynamics

Articulation

Notes & Rhythm

Practice or Rehearse?

- What is the difference?
 - Skill acquisition?
 - Understanding the music?
 - Enjoying the music?
- Individual versus corporate
- Amount of practice with repetition can vary by experience level of the ensemble as well as difficulty of the piece, and amount of rehearsal

Macro-Micro-Macro

- Play a section-Fix the problems-Play it again
- Diagnosis-Prescription-Checkup
- Planning and conducting a rehearsal is essentially *problem-solving*

Diagnosis

- Most important is to <u>know what you want to hear</u> (score study)
- Anticipate common problems and, before the rehearsal, plan your way of fixing them
- HEAR when you conduct...if you can't, stop conducting--it is probably less important than really hearing
- RECORD rehearsals to allow you to listen for problems without worrying about conducting

Divide and Conquer

- When you hear a problem, ask a small section or even individual to play it
- Spend as little time as needed to fix this one problem, then, have everyone play that section again
- If problem not fixed, try different prescription
- Modeling (singing, playing, gestures) and analogies often work best